

What can we do for your families ?

Help remove fear.

Overcome stigma

Cope with isolation.

Explore options. Make informed choices.

Regain confidence and self-esteem.

Set boundaries or ground rules to help them claim back their lives.

Deal with illegality.

Learn to say " NO ".

Help with feelings/rebuild relationships.

EDUCATION.,

INFORMATION, EMPATHY

AND

HOLISTIC THERAPIES



**Admin Line
01623 643476**



**Helpline
0800 085 0941**

"HETTY'S IN PRISONS"

**Marlborough House
23 Woodhouse Road
Mansfield
Notts. NG18 2AF**

"HETTY'S IN PRISONS"

What can we do for you ?

- 1) Contact your family via letter to offer support (with your permission)
 - 2) Work with your family towards your release offering support and choices.
 - 3) Offer a 1-1 session with you to help you understand your families choices or to begin to build bridges. Discuss realistic outcomes.
 - 4) Refer you to Criminal Justice Aftercare Team (In North Notts or Nottingham City) Offer numbers and information about services in other areas.
 - 5) Offer support for anyone under 19 who has a problem with someone else's drug use (this could be your children / brother / sister etc.) through W.A.M.
- ANYTHING ELSE ? JUST ASK !**



**0800 085 0941
HELPLINE**

Main Inside Heading

Use this space to provide more detailed information about your products or services. You can also include a graphic of a product or service.

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