

Phoenix house is an established charity, which has been helping people to overcome their drug dependency. A cognitive behavioural programme has been offered to problematic drug users at HMP Stocken since 2000.

During the last phase of the STOP (Substance Treatment Offending Programme) it focuses on families and relationships encouraging the group members to explore the impact of their criminal and drug using lifestyles on others and it also promotes rebuilding and strengthening close interpersonal relationships.

Hettys provide a session during the 15-week period that forms a very important part of the programme as it gives a valuable, 'first hand' insight into how drug use affects families, friends and relationships. This enables the group to engage with the workers from Hettys and the information and support they offer is well received. Feedback suggests that this is a powerful, honest and sometimes hard-hitting session that reinforces their motivation to change. With the work that is covered in the session i.e., the 'What about me' video and the group discussions these sessions indeed enable the group members to reflect on the impact that their drug use has on others.

Hettys also work with individual group members to help re-establish ties. They do this in a variety of ways i.e. making contact with their families, dedicating and offering their support to the families emotional needs and attending prison visits if requested by the family. Their ability to bring families together in a non-judgemental way has offered hope to group members who had thought that their relationships had completely broken down. Group members leave the sessions feeling inspired and confident in their ability to re-build ties.

Phoenix House have been working in partnership with Hettys at HMP Stocken for approximately three years and have always found the service they provide to be professional, organised, well equipped with information, i.e. leaflets, having flexibility in working within the prison regime and most importantly offering a supportive hand to those who consider themselves to be at rock bottom.

Tracy Dalby

STOP Treatment Manager



Hetty's Manager & WAM
Unit B Pine House
Ransom Wood Business Park
Southwell Road
West Rainworth
Notts
NG21 OHJ

28 July 2005

Dear Sir/Madam

I am writing to express my thanks and appreciation for the services provided by Hetty's in relation to the Substance Awareness Course I facilitate and their involvement with the 'Parents and Carers' day that are run here at HMP Morton Hall.

My previous association with Hetty's, plus the positive feedback I hear, endorses the true professionalism of the two ladies (Pam and Keeron) who attend the prison on a regular basis. This is very apparent when I witness the interaction between Pam and Keeron as they work with the prisoners on both the Substance Awareness Course and the Parents and Carers events.

I look forward to developing our relationship with Hetty's and being a part of the service you provide. Thank you once again.

Yours sincerely

Simon Young
CARAT Worker
HMP Morton Hall